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Singapore Budget 2009
6 April 2009
New sporting records broken at today's "Break The Record" 2009 event
Four New entries for the Singapore Book of Records

99 participants from schools, workplaces and community groups took up the challenge at the finals of 'Break The Record'- an event held by the Health Promotion Board (HPB) today, 6 April '09. 10 participants walked off proudly as they broke records from the previous challenge across the categories. The records held in 2007 were broken across all three categories and four sports this year.

2 Ariel Yue from Rope Skipping Singapore and Joseph Lee from Anglican High School, who emerged as record holders in the 2007 Challenge, returned this year to break their own records, setting new standards for both themselves and for others. Ariel topped her previous record of 96 skips per minute with her 2009 record of 120 criss-cross skips per minute. Joseph accomplished the vertical challenge within 34.93 seconds in 2007 but managed to beat his personal timing to finish it in 33.60 seconds this year. Both of them will have their records entered into the Singapore Book of Records.

3 This year, the challenge attracted several people representing independent organizations and schools. Organisations such as Rope Skipping Singapore, Team X-Jump! and the Singapore Police Force were those among them.

4 Therefore, four new entries will be recorded in the Singapore Book of Records this year. These are:

1. Most number of sit-ups performed in one minute (Puan Ying Peng, Mayflower Secondary School – 78 sit-ups / minute)
2. The fastest Open Cross Skipping in one minute set up (Ariel Yue, Rope Skipping Singapore – 120 skips / minute)
3. The fastest stair climb up seven storeys of the Health Promotion Board Building (Lim Jiahe – 33.27 seconds)
4. The longest distance walked while twirling a hula hoop (Lee Yann Jia Tamira, Paya Lebar Methodist Girls' School – 85 metres)